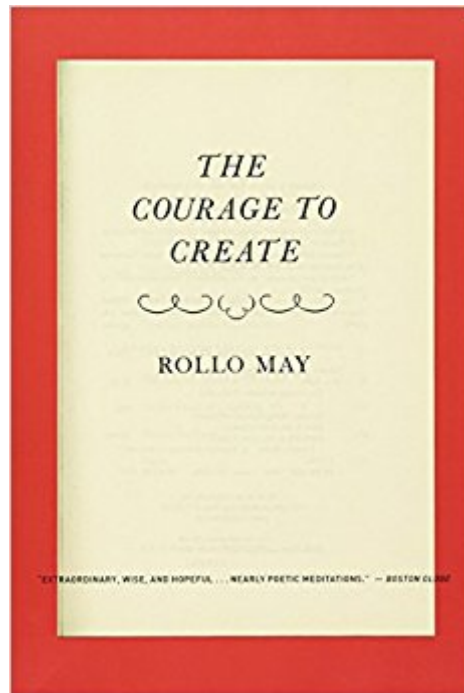




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# The Courage To Create



## Synopsis

"Extraordinary, wise, and hopeful... nearly poetic meditations." —*Boston Globe* What if imagination and art are not, as many of us might think, the frosting on life but the fountainhead of human experience? What if our logic and science derive from art forms, rather than the other way around? In this trenchant volume, Rollo May helps all of us find those creative impulses that, once liberated, offer new possibilities for achievement. A renowned therapist and inspiring guide, Dr. May draws on his experience to show how we can break out of old patterns in our lives. His insightful book offers us a way through our fears into a fully realized self.

## Book Information

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## Customer Reviews

A signal testimonial to the creative spirit. . . . A brilliantly incisive exploration of the creative 'encounter' the coming to grips of the healthily committed creative artist or thinker with his sociocultural background and with his own dangerously Promethean impulses. "Another in Dr. May's extraordinary, wise, and hopeful . . . series of nearly poetic meditations on the future of mankind. "A lucid and highly concentrated analysis of the creative process.... [May] describes the requisites for the creative encounter and the moment of the 'breakthrough.' "A signal testimonial to the creative spirit.... A brilliantly incisive exploration of the creative 'encounter' the coming to grips of the healthily committed creative artist or thinker with his sociocultural background and with his own dangerously Promethean impulses. "

Rollo May (1909-1994) taught at Harvard, Princeton, and Yale, and was Regents' Professor at the

University of California, Santa Cruz. An influential psychologist, he was the best-selling author of Love and Will, as well as the author of The Courage to Create, Man's Search for Himself, The Meaning of Anxiety, and Psychology and the Human Dilemma.

This is one of my favorite books of all time. I first read it at 18 years old and I am re-reading it at 46,

Loved it on first read, got me interested in philosophy

Enjoyable read from Rollo May. He continues on his quest to show us how to get in touch with our inner state of Being and from this create our world. In this fascinating work, Rollo May shows us this path using Art and the creative process as the way to Authentic Being.

Wow. Worth ever penny. Deeply insightful and is as important to a life well lived as any book on .

This book will encourage you, the "want a be" artist to jump in and test your creativity, challenge yourself and old beliefs as to who is artistic, and inspire you be the artist that is waiting to be born.

Profound. Life changing.If someone important told you they loved you but acted differently read chapter 3.

Reaffirming!

This is a wonderful book if you are looking for confidence surrounding your creative practice and creativity in general. Really enjoyed the meditations on creativity and what it means to have the courage to make.

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